

At Alzheimer's Society we're working towards a world where dementia no longer devastates lives. We do this by giving help to those living with dementia today, and providing hope for the future by campaigning to make dementia the priority it should be and funding groundbreaking research.

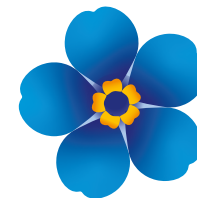


**Alzheimer's
Society**

Together we are help & hope
for everyone living with dementia



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.

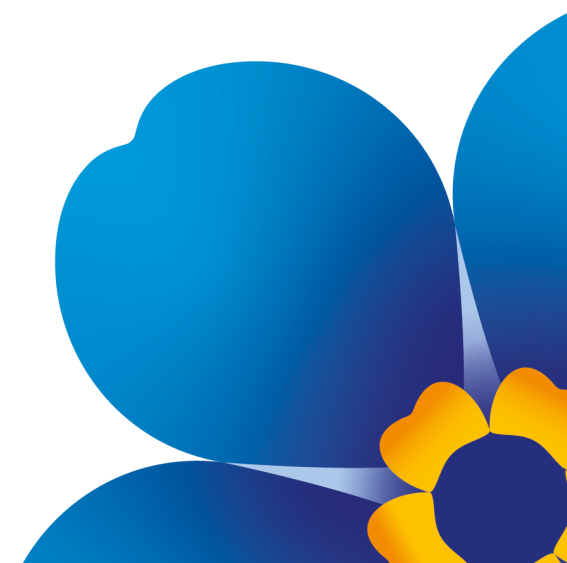


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Dementia Adviser Service

For everyone in
Cheshire West &
Chester



Dementia Advisers

Dementia Advisers are here for everybody affected by dementia. Whether that's someone with a diagnosis, or someone who cares for them. Our Dementia Advisers ensure that help is readily available to people every step of the way. You can seek support both before and after a diagnosis and access long-term support as your needs change.

Everyone has the right to feel like they're in safe hands with someone to turn to who understands their needs. Dementia Advisers are a vital source of support and can help people affected by dementia to maintain a direct connection to their community

Our Group Services

Our groups for people with dementia and their carers.

Singing for the Brain Based around the principles of music therapy, the sessions are designed for people with dementia and include vocal warm-ups and singing a wide variety of familiar and new songs.

Love to Move Chair based exercise programme specially designed for people living with dementia, run by our qualified instructors.

Dementia Cafe a group for carers and the people they care for to meet, share experiences and knowledge whilst making new friends.

CrISP - Carer Information & Support Programme

The Carer Information & Support Programme aims to improve the knowledge, skills and understanding of those caring for a person living with dementia. By providing effective support and up-to-date relevant and evidence-based information. The Programme facilitates peer support and a shared learning experience led by trained society staff and volunteers delivered in a safe accessible appropriate environment.

Groups run over a 5 week period and each weekly session lasts 2 hours.

Contact Us

To contact the **Cheshire West & Chester Dementia Adviser service**:
☎ 0300 369 0570 Email: cheshire@alzheimers.org.uk

National Dementia Support Line is open 9am-8pm Monday to Wednesday, 9am-5pm Thursday and Friday and 10am-4pm Saturday and Sunday. ☎ 0333 150 3456
Email: DementiaSupportLine@alzheimers.org.uk

National Dementia Support Forum our online community for anyone affected by dementia. Ask questions, get information and share practical tips with others who understand.
<https://forum.alzheimers.org.uk>