

ABBOTS WOOD AND LIGHTFOOT LODGE DAY SERVICES PROVIDED BY VIVO CARE CHOICES

**Abbotswood- Northgate Avenue,
Chester, CH2 2DX
Tel-07970497059**

**Lightfoot Lodge- Lightfoot Street,
Chester, CH2 3AD
Tel-07731983817**



Monday to Friday 9.00 – 5pm

Abbots Wood Older People Day Service situated within Abbots Wood extra care housing building.

Lightfoot Lodge is a day service for adults living with dementia.

The services are for individuals mainly over the age of 65 who live in Chester and the surrounding area.

We provide a high quality, caring, responsive and stimulating day service. We will work with you to meet your needs, maximising your choice, independence and wellbeing.

Day Services offer the opportunity to socialise in a safe and supportive environment, and also provides respite for carers. Prior to the commencement of your service we will discuss and agree your care needs. Following this we will create a Personal Support Plan which we will share with you. Engaging and meaningful activities enable the development of

confidence, and a positive self image.

The varied activity programme encourages socialisation, communication, and physical and mental stimulation, whilst providing an opportunity to meet other people, share skills, experiences, memories and enjoyment.

We offer a range of activities to meet individual's own interests and needs, examples include-

- Exercise groups
- Bingo sessions
- Reminiscence
- Quizzes/ word games
- Dominoes/cards
- Music & Sing-a-long
- Baking
- Arts & crafts group
- Knit 'n' natter
- Coffee mornings/afternoon tea
- Pamper sessions
- Carpet bowls
- Flower arranging
- Discussion groups

Meals:

A hot meal and sweet is available during your day at a cost of £5.90. Unlimited refreshments are also available throughout the day.

Transport:

Transport to day care is available through request from social services. See contact information below.

Experienced staff:

Our staff are qualified to NVQ level 2 and 3, and are DBS checked. All staff receive regular appropriate training and have the knowledge and skills to deliver a consistent, high quality service. All Support Workers employed by the company are required to follow policies and procedures which are designed to ensure the highest quality of service to clients and to protect confidential information.



How to access the service:

You can come to us directly as a self-funding customer or following a social services assessment. To request an assessment please contact Cheshire West Community Access Team: Telephone: 0300 123 7034

Further information can be found on our website-
www.vivocarechoices.co.uk

For more information please contact **Laura Penk**- 07731983817
Laura.penk@vivocarechoices.co.uk

Or **Sarah Powell** 07970497590
Sarah.powell@vivocarechoices.co.uk

Costs for Older People's Day Care
Full day 9-5pm £48.55
Half day (4 hours) £30.18
6 hour day- £44.38

Costs for Dementia Day Care

Full day 9-5pm £72.83

Half day (4 hours) £42.91

6 hour day £64.23

**All costs include 2 course hot meal
and unlimited refreshments**

**Vivo Care Choices Services are
provided respecting the
differences between people taking
account of needs relating to race,
gender, disability, age, faith or
sexual orientation.**